

Health and Psychological Services for UCSD Residents, Fellows and Faculty

In case of Emergency:

Call 911 or UCSD Campus Police	(858) 534-HELP (4357)
National Suicide Prevention and Crisis Hotline	1-800-273-TALK (8255)
San Diego County Crisis Line	1-800-479-3339
UCSD Thornton Emergency Department 9300 Campus Point Drive, San Diego 92037	(858) 657-7600
UCSD Hillcrest Emergency Department 200 West Arbor Drive, San Diego 92103	(619) 543-6400
Scripps Mercy Emergency Department 4077 Fifth Avenue, San Diego 92103	(619) 260-7000
Scripps Memorial Emergency Department 9888 Genesee Avenue, San Diego 92037	(858) 626-6150
Sharp Mesa Vista 7850 Vista Hill Avenue, San Diego 92123	(858) 278-4110

Helpful Resources:

UCSD Employee Assistance Program (EAP)

(866) 808-6205 (access code UCSDMC)

Website: www.liveandworkwell.com (access code UCSDMC)

UCSD Accommodation Counseling and Consulting Services

(858) 534-6743

Email: nimanb@ucsd.edu

Employee Assistance Program (EAP)

**For VA Employees and their family members only*

1-800-225-2527

1-800-252-4555

Website: <http://www.theeap.com>

UCSD Wellness Center

Website: <http://www.wellness.ucsd.edu>

UCSD Physician Well-Being Committee

[Committee Brochure on Physician Impairment](#)

Website: paceprogram.ucsd.edu

UCSD Sexual Assault and Violence Prevention Resource Center (SARC)

(858) 534-5793

Website: <http://sarc.ucsd.edu>

American Foundation for Suicide Prevention

Website: <http://www.afsp.org>

<http://www.doctorswithdepression.org>

American Medical Student Association

Website: <https://www.amsa.org/healingthehealer/index.cfm>

Mental Health America of SD County

619-543-0412

Website: <http://www.mhasd.org>

Community Health Improvement Partners (CHIP)

Website: <http://www.sdchip.org>

Alcoholics Anonymous - San Diego

(619) 265-8762

aasandiego.org

Narcotics Anonymous - San Diego

619-584-1010

sandiegona.org

UCSD Eating Disorders Treatment and Research Program

858-534-8019

www.eatingdisorders.ucsd.edu

UCSD Center for Mindfulness

(858) 657-7000 (Ask for Center of Mindfulness)

<http://health.ucsd.edu/specialties/psych/mindfulness>

Psychiatrists for House Officers and Faculty

The following is not an exhaustive list, but identifies physicians who have volunteered to be listed as eager to provide psychiatric services to UCSD House Officers and Faculty, and have each agreed to the following conditions:

1. To open their panels for house officers/faculty if those panels are currently closed
2. To allow house officers/faculty to page and/or email them with personal health care issues
3. To be flexible in arranging appointments so as to take into account their responsibilities as house officers/faculty
4. To allow their phone, pager, email information to be listed on the UCSD Intranet and as a link on the UCSD Stress and Depression outreach program website
5. To accept Blue Cross HMO/PPO (in the case of house officers) or come to an alternate payment agreement

Please identify yourself as a member of the UCSD Housestaff or Faculty when inquiring about appointments.

Psychiatrists (not affiliated with UCSD)

Elizabeth Collumb, MD

4225 Executive Square, Suite 1130
La Jolla, 92037
Office: 858-455-9715
Email: collumb@psychiatryca.com

Adaline Corrin, MD

5190 Governor Dr, Ste 102
San Diego, 92122
Office: 858-455-6864
Email: acorrin1@san.rr.com

Namir Damluji, MD

4407 Manchester Avenue, Suite 207
Encinitas, CA 92024
Office: 760-944-0200
Email: dr.damluji@gmail.com

Kendra Dobalian, MD

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La Jolla, CA 92037
Office: 858-455-6761
Email: kdobalian1@yahoo.com

Rene Dupont, MD

1011 Devonshire Drive, Suite D
Encinitas, CA 92024
Office: 760-635-5631
Email: rdupontmd@sbcglobal.net

Kathleen Erwin, MD

1011 Devonshire Drive, Suite D
Encinitas, CA 92024
Office: 760-635-5631
Private: 760-633-2326
Email: doctor.erwin@gmail.com

Yuval Estrov, MD

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La Jolla, 92037
Office: 858-455-9716 ext. 3

Natalia Fudim, MD

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San Diego, CA 92116
Office: (619) 281-1932
Email: natalia.fudim@gmail.com

Steve Gould, MD

4180 La Jolla Village Drive #550
La Jolla, CA 92037
Office: 858-455-1840
Fax: 858-455-1862
Email: sgould@ucsd.edu or steve.gould@me.com

Sonya Hintz, MD

(Trained in Psychoanalysis)
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Shira Keri, MD

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Beverly Kilman, MD

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Office: 619-295-2749
Email: bakilman@cox.net

Charles Moreau, MD

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Joseph Sheridan, MD

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Stephen Shuchter, MD

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Matthew Zetumer, MD

(Trained in Psychoanalysis)
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San Diego, CA 92122
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UCSD Salaried Psychiatrists

For UCSD Referrals:

Executive Mental Health Program

8950 Villa La Jolla Drive, Suite B225
La Jolla, CA 92037
Office: 858-534-6200
Fax: 858-534-6205

Michelle Banta, MD

(Trained in Psychoanalysis)
4060 4th Ave, Ste 330
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Terry Schwartz, MD

3990 Old Town Avenue, Suite C-203
San Diego, CA 92110
Office: 619-993-5995
Email: taschwartz@ucsd.edu

Mary Ellen Trunko, MD

(Eating Disorder Programs)
8950 Villa La Jolla Drive, Suite C-207
La Jolla, CA 92037
Office: 858-534-8052
Email: metrunko@ucsd.edu

Psychologists for House Officers and Faculty

The following is not an exhaustive list, but identifies providers who have volunteered to be listed as eager to provide services to UCSD House officers and Faculty. *Please identify yourself as a member of the UCSD Housestaff or Faculty when inquiring about appointments.*

Lisa A. Auslander, Ph.D.

8950 Villa La Jolla Drive, Suite A218
La Jolla, CA 92037
Office: 858-455-6615
Email: lauslander@san.rr.com

Christine Bernet, Ph.D.

2031 Second Avenue
San Diego, CA 92101
Office: 619-699-8443
Email: czbernet@cox.net

Jim Carter, Ph.D.

3262 Holiday Court, Suite 208
La Jolla, CA 92037
Office: 858-752-3520
Website: www.sbh-sd.com

Leita Koontz, MFT

11772 Sorrento Valley Road, # 157
San Diego, CA 92121
Office: 619-654-3724
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Judith Hughes, Ph.D. (UCSD)

(Trained in Psychoanalysis)
University Address:
Dept. of History, 0104
9500 Gilman Drive
La Jolla, CA 92093

Psychoanalytic Address:
8531 Avenida de las Ondas
La Jolla, CA 92037
Office: 858- 456-9109
Email: jhughes@ucsd.edu

Joy Martin, Ph.D.

3252 Holiday Ct Ste 205
La Jolla, CA 92037
(858) 646-9678

Michelle Piper, MS, MFT

4225 Executive Square, Suite 1130

La Jolla, CA 92037

Office: 858-336-4740

Website: <http://www.michellepiper.com>

Jim Shenk, Ph.D.

The Cognitive Therapy Institute of San Diego

3262 Holiday Court, Suite 220

La Jolla, CA 92037

Office: 858-450-1101

Email: cogtherapy@sbcglobal.net

Website: <http://www.cognitivetherapysandiego.com>

Primary Care Physicians for House Officers and Faculty

The following is not an exhaustive list, but identifies physicians who have volunteered to be listed as eager to provide primary care to UCSD House Officers and Faculty, and have each agreed to the following conditions:

- 1) To open their panels for house officers/faculty if those panels are currently closed
- 2) To allow house officers/faculty to page and/or email them with personal health care issues
- 3) To be flexible in arranging appointments so as to take into account their responsibilities as house officers/faculty
- 4) To allow their phone, pager, email information to be listed on the UCSD Intranet and as a link on the UCSD Stress and Depression outreach program website
- 5) To accept Blue Cross HMO/PPO (in the case of house officers) or come to an alternate payment agreement

Please identify yourself as a member of the UCSD Housestaff or Faculty when inquiring about appointments.

Suraj Achar, MD (UCSD Family Med)

9333 Genesee Ave, Suite 200
San Diego, CA 92121
Office: 858-657-8587 Laurie Dawson contact
Backline: 858-657-8541
Pager: 619-290-9337
Cell: 858-245-5192
Email: sachar@ucsd.edu

Houssam Baroudi (Gen Int Med)

910 Sycamore Avenue, Suite 270
Vista, CA 92081
Office: 760-598-1776
Email: hbaroudi@mgnc.net

Jason Bronner, MD (UCSD Gen Int Med)

8939 Villa La Jolla Drive, Suite 110
La Jolla, CA 92037
Office: 858-657-8000 Tammy Cole contact
Pager: 619-290-6820
Email: jbronner@ucsd.edu

Dr. Mark Bulgarelli, DO (Gen Int Med)

Scripps Clinic, Rancho Bernardo
15004 Innovation Drive
San Diego, CA 92128
Office: 858-605-7783
Pager: 858-494-5071
Email: bulgarelli.mark@scrippshealth.org

Karen A. Cadman, MD (Gen Int Med)

910 Sycamore Avenue, #270

Vista, CA 92081

Office: 760-598-1776

Cell: 619-742-1072

Email: keacadman@gmail.com

Website: <http://www.mgnc.net>

Married to UCSD Faculty Physician (UCSD affiliation disclosure)

*Please contact Dr. Cadman by email or cell to bypass front office. Her panel is full, but she has agreed to see UCSD Housestaff and Faculty as soon as possible.

Lynette Cederquist, MD (UCSD Gen Int Med)

8939 Villa La Jolla Drive

La Jolla, CA 92037

Backline: 858-657-8371

Pager: 619-290-6820

Email: lcederquist@ucsd.edu

*Only sees pts in an urgent care capacity 3 afternoons per week. Happy to see housestaff on an as needed, urgent basis

Ted Ganiats, MD (UCSD Family Med)

330 Lewis Street, Suite 400

San Diego, CA 92103

Office: 619-471-9260 Heather Varnum contact

Cell: 858-344-6295

Email: tganiats@ucsd.edu

Siu Ming Geary, MD (Gen Int Med)

Scripps Clinic Rancho Bernardo

15004 Innovation Drive

San Diego, CA 92128

Office: 858-605-7885

Email: geary.siuming@scrippshealth.org

Ken Griffiths, MD (UCSD Family Med)

330 Lewis Street, Suite 400

San Diego, CA 92103

Office: 619-471-9260

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Eduardo Grunvald, MD (UCSD Gen Int Med)

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La Jolla, CA 92037

Office: 858-657-8000

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Shawn Harrity, MD (UCSD Gen Int Med)
330 Lewis Street
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Pager: 619-290-3040
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*Please email Dr.Harrity to make an appointment

Tyson Ikeda, MD (UCSD Family Med)
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Rusty Kallenberg, MD (UCSD Family Med)
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William Mittendorff MD, FACP (Gen Int Med)

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Bill Norcross, MD (UCSD Family Med)

330 Lewis St, 4th Floor
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Holly Salzman, MD (UCSD Family Med)

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Email: hsalzman@ucsd.edu

* Housestaff/Faculty should first obtain a medical record number (register with UCSD) and then contact Suzanne Page directly at 858-657-7797 and self as housestaff/faculty.

Armelia Sani, MD (UCSD Gen Int Med)

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