Health and Psychological Services for UCSD Residents, Fellows and Faculty

In case of Emergency:
Call 911 or UCSD Campus Police (858) 534-HELP (4357)
National Suicide Prevention and Crisis Hotline 1-800-273-TALK (8255)
San Diego County Crisis Line 1-800-479-3339
UCSD Thornton Emergency Department (858) 657-7600
9300 Campus Point Drive, San Diego 92037
UCSD Hillcrest Emergency Department (619) 543-6400
200 West Arbor Drive, San Diego 92103
Scripps Mercy Emergency Department (619) 260-7000
4077 Fifth Avenue, San Diego 92103
Scripps Memorial Emergency Department (858) 626-6150
9888 Genesee Avenue, San Diego 92037
Sharp Mesa Vista (858) 278-4110
7850 Vista Hill Avenue, San Diego 92123

Helpful Resources:

UCSD Employee Assistance Program (EAP)
(866) 808-6205 (access code UCSDMC)
Website: www.liveandworkwell.com (access code UCSDMC)

UCSD Accommodation Counseling and Consulting Services
(858) 534-6743
Email: nimanb@ucsd.edu

Employee Assistance Program (EAP)
*For VA Employees and their family members only
1-800-225-2527
1-800-252-4555
Website: http://www.theeap.com

UCSD Wellness Center
Website: http://www.wellness.ucsd.edu

UCSD Physician Well-Being Committee
Committee Brochure on Physician Impairment
Website: paceprogram.ucsd.edu
UCSD Sexual Assault and Violence Prevention Resource Center (SARC)  
(858) 534-5793  
Website: http://sarc.ucsd.edu

American Foundation for Suicide Prevention  
Website: http://www.afsp.org  
http://www.doctorswithdepression.org

American Medical Student Association  
Website: https://www.amsa.org/healingthehealer/index.cfm

Mental Health America of SD County  
619-543-0412  
Website: http://www.mhasd.org

Community Health Improvement Partners (CHIP)  
Website: http://www.sdchip.org

Alcoholics Anonymous - San Diego  
(619) 265-8762  
aasandiego.org

Narcotics Anonymous - San Diego  
619-584-1010  
sandiegona.org

UCSD Eating Disorders Treatment and Research Program  
858-534-8019  
www.eatingdisorders.ucsd.edu

UCSD Center for Mindfulness  
(858) 657-7000 (Ask for Center of Mindfulness)  
http://health.ucsd.edu/specialties/psych/mindfulness
Psychiatrists for House Officers and Faculty
The following is not an exhaustive list, but identifies physicians who have volunteered to be listed as eager to provide psychiatric services to UCSD House Officers and Faculty, and have each agreed to the following conditions:

1. To open their panels for house officers/faculty if those panels are currently closed
2. To allow house officers/faculty to page and/or email them with personal health care issues
3. To be flexible in arranging appointments so as to take into account their responsibilities as house officers/faculty
4. To allow their phone, pager, email information to be listed on the UCSD Intranet and as a link on the UCSD Stress and Depression outreach program website
5. To accept Blue Cross HMO/PPO (in the case of house officers) or come to an alternate payment agreement

Please identify yourself as a member of the UCSD Housestaff or Faculty when inquiring about appointments.

Psychiatrists (not affiliated with UCSD)
Elizabeth Collumb, MD
4225 Executive Square, Suite 1130
La Jolla, 92037
Office: 858-455-9715
Email: collumb@psychiatryca.com

Adaline Corrin, MD
5190 Governor Dr, Ste 102
San Diego, 92122
Office: 858-455-6864
Email: acorrin1@san.rr.com

Namir Damluji, MD
4407 Manchester Avenue, Suite 207
Encinitas, CA 92024
Office: 760-944-0200
Email: dr.damluji@gmail.com

Kendra Dobalian, MD
8950 Villa La Jolla Drive, Suite A218
La Jolla, CA 92037
Office: 858-455-6761
Email: kdobalian1@yahoo.com

Rene Dupont, MD
1011 Devonshire Drive, Suite D
Encinitas, CA 92024
Office: 760-635-5631
Email: rdupontmd@sbcglobal.net
Kathleen Erwin, MD
1011 Devonshire Drive, Suite D
Encinitas, CA 92024
Office: 760-635-5631
Private: 760-633-2326
Email: doctor.erwin@gmail.com

Yuval Estrov, MD
4225 Executive Square, Suite 1130
La Jolla, 92037
Office: 858-555-9716 ext. 3

Natalia Fudim, MD
4147 Adams Avenue
San Diego, CA 92116
Office: (619) 281-1932
Email: natalia.fudim@gmail.com

Steve Gould, MD
4180 La Jolla Village Drive #550
La Jolla, CA 92037
Office: 858-455-1840
Fax: 858-455-1862
Email: sgould@ucsd.edu or steve.gould@me.com

Sonya Hintz, MD
(Trained in Psychoanalysis)
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La Jolla, CA 92037
Office: 858-455-6511
Email: shintz@san.rr.com

Shira Keri, MD
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La Jolla, CA 92037
Office: (858) 337-4469
Email: shiraamitai@yahoo.com

Beverly Kilman, MD
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Office: 619-295-2749
Email: bakilman@cox.net

Charles Moreau, MD
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La Jolla, CA 92037
Office: 858-455-0904
Email: cmoreau@san.rr.com
Joseph Sheridan, MD
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Office: 619-630-1036
Email: jjsherid@hotmail.com

Stephen Shuchter, MD
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Email: sshuchter@ucsd.edu

Matthew Zetumer, MD
(Trained in Psychoanalysis)
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San Diego, CA 92122
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Cell: 858-452-9969
Email: mzet@san.rr.com

UCSD Salaried Psychiatrists
For UCSD Referrals:
Executive Mental Health Program
8950 Villa La Jolla Drive, Suite B225
La Jolla, CA 92037
Office: 858-534-6200
Fax: 858-534-6205

Michelle Banta, MD
(Trained in Psychoanalysis)
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Email: michellemb999@sbcglobal.net

Terry Schwartz, MD
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Office: 619-993-5995
Email: taschwartz@ucsd.edu

Mary Ellen Trunko, MD
(Eating Disorder Programs)
8950 Villa La Jolla Drive, Suite C-207
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Office: 858-534-8052
Email: metrunko@ucsd.edu
Psychologists for House Officers and Faculty

The following is not an exhaustive list, but identifies providers who have volunteered to be listed as eager to provide services to UCSD House officers and Faculty. Please identify yourself as a member of the UCSD Housestaff or Faculty when inquiring about appointments.

Lisa A. Auslander, Ph.D.
8950 Villa La Jolla Drive, Suite A218
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Office: 858-455-6615
Email: lauslander@san.rr.com

Christine Bernet, Ph.D.
2031 Second Avenue
San Diego, CA 92101
Office: 619-699-8443
Email: czbernet@cox.net

Jim Carter, Ph.D.
3262 Holiday Court, Suite 208
La Jolla, CA 92037
Office: 858-752-3520
Website: www.sbh-sd.com

Leita Koontz, MFT
11772 Sorrento Valley Road, # 157
San Diego, CA 92121
Office: 619-654-3724
Email: lkoontz3@cox.net

Judith Hughes, Ph.D. (UCSD)
(Trained in Psychoanalysis)
University Address:
Dept. of History, 0104
9500 Gilman Drive
La Jolla, CA 92093

Psychoanalytic Address:
8531 Avenida de las Ondas
La Jolla, CA 92037
Office: 858-456-9109
Email: jhughes@ucsd.edu

Joy Martin, Ph.D.
3252 Holiday Ct Ste 205
La Jolla, CA 92037
(858) 646-9678
Michelle Piper, MS, MFT
4225 Executive Square, Suite 1130
La Jolla, CA 92037
Office: 858-336-4740
Website: http://www.michellepiper.com

Jim Shenk, Ph.D.
The Cognitive Therapy Institute of San Diego
3262 Holiday Court, Suite 220
La Jolla, CA 92037
Office: 858-450-1101
Email: cogtherapy@sbcglobal.net
Website: http://www.cognitivetherapysandiego.com
Primary Care Physicians for House Officers and Faculty
The following is not an exhaustive list, but identifies physicians who have volunteered to be listed as eager to provide primary care to UCSD House Officers and Faculty, and have each agreed to the following conditions:

1) To open their panels for house officers/faculty if those panels are currently closed
2) To allow house officers/faculty to page and/or email them with personal health care issues
3) To be flexible in arranging appointments so as to take into account their responsibilities as house officers/faculty
4) To allow their phone, pager, email information to be listed on the UCSD Intranet and as a link on the UCSD Stress and Depression outreach program website
5) To accept Blue Cross HMO/PPO (in the case of house officers) or come to an alternate payment agreement

Please identify yourself as a member of the UCSD Housestaff or Faculty when inquiring about appointments.

Suraj Achar, MD (UCSD Family Med)
9333 Genesee Ave, Suite 200
San Diego, CA 92121
Office: 858-657-8587 Laurie Dawson contact
Backline: 858-657-8541
Pager: 619-290-9337
Cell: 858-245-5192
Email: sachar@ucsd.edu

Houssam Baroudi (Gen Int Med)
910 Sycamore Avenue, Suite 270
Vista, CA 92081
Office: 760-598-1776
Email: hbaroudi@mgnc.net

Jason Bronner, MD (UCSD Gen Int Med)
8939 Villa La Jolla Drive, Suite 110
La Jolla, CA 92037
Office: 858-657-8000 Tammy Cole contact
Pager: 619-290-6820
Email: jbronner@ucsd.edu

Dr. Mark Bulgarelli, DO (Gen Int Med)
Scripps Clinic, Rancho Bernardo
15004 Innovation Drive
San Diego, CA 92128
Office: 858-605-7783
Pager: 858-494-5071
Email: bulgarelli.mark@scrippshealth.org
Karen A. Cadman, MD (Gen Int Med)
910 Sycamore Avenue, #270
Vista, CA 92081
Office: 760-598-1776
Cell: 619-742-1072
Email: keacadman@gmail.com
Website: http://www.mgnc.net
Married to UCSD Faculty Physician (UCSD affiliation disclosure)
*Please contact Dr. Cadman by email or cell to bypass front office. Her panel is full, but she has agreed to see UCSD Housestaff and Faculty as soon as possible.

Lynette Cederquist, MD (UCSD Gen Int Med)
8939 Villa La Jolla Drive
La Jolla, CA 92037
Backline: 858-657-8371
Pager: 619-290-6820
Email: lcederquist@ucsd.edu
*Only sees pts in an urgent care capacity 3 afternoons per week. Happy to see housestaff on an as needed, urgent basis

Ted Ganiats, MD (UCSD Family Med)
330 Lewis Street, Suite 400
San Diego, CA 92103
Office: 619-471-9260 Heather Varnum contact
Cell: 858-344-6295
Email: tganiats@ucsd.edu

Siu Ming Geary, MD (Gen Int Med)
Scripps Clinic Rancho Bernardo
15004 Innovation Drive
San Diego, CA 92128
Office: 858-605-7885
Email: geary.siuming@scrippshealth.org

Ken Griffiths, MD (UCSD Family Med)
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Office: 619-471-9260
Email: K1griffiths@ucsd.edu

Eduardo Grunvald, MD (UCSD Gen Int Med)
8939 Villa La Jolla Drive, Suite 110
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Office: 858-657-8000
Email: egrunvald@ucsd.edu
**Shawn Harrity, MD** (UCSD Gen Int Med)  
330 Lewis Street  
San Diego CA 92103  
Office: 619-471-9250  
Pager: 619-290-3040  
Email: sharrity@ucsd.edu  
*Please email Dr.Harrity to make an appointment*

**Tyson Ikeda, MD** (UCSD Family Med)  
402 Dickinson/MPF  
San Diego, CA 92103  
Office: 619-543-6071  
Email: tikeda@ucsd.edu

**Rusty Kallenberg, MD** (UCSD Family Med)  
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Fax: 619-471-9311  
Email: gkallenberg@ucsd.edu

**Lisa Krijger, MD**  
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**Neil Levine, MD, MPH, FACP** (Gen Int Med)  
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Office: 760-598-1776  
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**Haleh Mahdavieh, MD** (Gen Int Med)  
15504 Innovation Drive, S97  
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**Marlene Millen, MD** (UCSD Gen Int Med)  
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Email: mmillen@ucsd.edu
William Mittendorff MD, FACP (Gen Int Med)
Scripps Coastal Medical Center
501 Washington Street, Suite 600
San Diego CA 92103
Office: 619-278-3360
Fax: 619-278-3345
Email: Mittendorff.William@scrippshealth.org

Bill Norcross, MD (UCSD Family Med)
330 Lewis St, 4th Floor
San Diego, CA 92103
Office: 619-471-9305 Eloy Rodriguez contact
Pager: 619-290-5579
Email: wnorcross@ucsd.edu

Holly Salzman, MD (UCSD Family Med)
9909 Mira Mesa Blvd, #200
San Diego, CA 92131
Office: 858-657-7750
Pager: 858-616-1480
Email: hsalzman@ucsd.edu
* Housestaff/Faculty should first obtain a medical record number (register with UCSD) and then contact Suzanne Page directly at 858-657-7797 and self as housestaff/faculty.

Armelia Sani, MD (UCSD Gen Int Med)
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Fax: 619-471-9300
Email: J1wu@ucsd.edu