Health and Psychological Services for UCSD Medical Students

In case of Emergency:
Call 911 or UCSD Campus Police (858) 534- HELP (4357)
Counseling & Psychological Services (CAPS) (858) 534-3755
After Hours CAPS (press option #2 for immediate connection to an on-call therapist for assistance by phone) (858) 534-3755
National Suicide Prevention and Crisis Hotline 1-800-273-TALK (8255)
San Diego County Crisis Line 1-800-479-3339
UCSD Thornton Emergency Department (858) 657-7600
9300 Campus Point Drive, San Diego 92037
UCSD Hillcrest Emergency Department (619) 543-6400
200 West Arbor Drive, San Diego 92103
Scripps Mercy Emergency Department (619) 260-7000
4077 Fifth Avenue, San Diego 92103
Scripps Memorial Emergency Department (858) 626-6150
9888 Genesee Avenue, San Diego 92037
Sharp Mesa Vista (858) 278-4110
7850 Vista Hill Avenue, San Diego 92123

Please Note: Student Health Insurance Plan (SHIP) provides 100% coverage at UCSD Emergency Departments and 60-80% coverage at all non-UCSD Emergency Care Facilities. See your plan for more details.

UCSD Student Health Service
(858) 534-3300
wellness.ucsd.edu

UCSD Counseling and Psychological Services (CAPS)
(858) 534-3755
caps.ucsd.edu

*Please identify yourself as a student of the SOM to expedite service. Confidential records are held as protected health information and are not linked with any academic record at the institution.

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UCSD SOM, Office of Student Affairs (for support and advising)
858-534-3700
http://meded.ucsd.edu/asa/student_affairs
Peer Group Mentoring
http://meded.ucsd.edu/groups/peer-mentors

UCSD Sexual Assault and Violence Prevention Resource Center (SARC)
(858) 534-5793
http://sarc.ucsd.edu

American Medical Student Association (AMSA)
https://www.amsa.org/healingthehealer/index.cfm

American Foundation for Suicide Prevention
http://www.afsp.org

Alcoholics Anonymous - San Diego
(619) 265-8762
aasandiego.org

Narcotics Anonymous - San Diego
619-584-1010
sandiegona.org

UCSD Eating Disorders Treatment and Research Program
858-534-8019
www.eatingdisorders.ucsd.edu

UCSD Center for Mindfulness
(858) 657-7000 (Ask for Center of Mindfulness)
http://health.ucsd.edu/specialties/psych/mindfulness